



Playbook

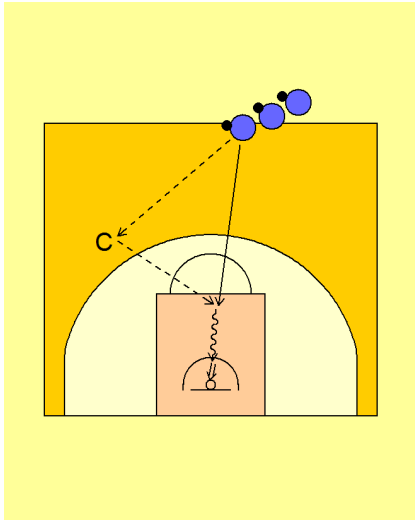
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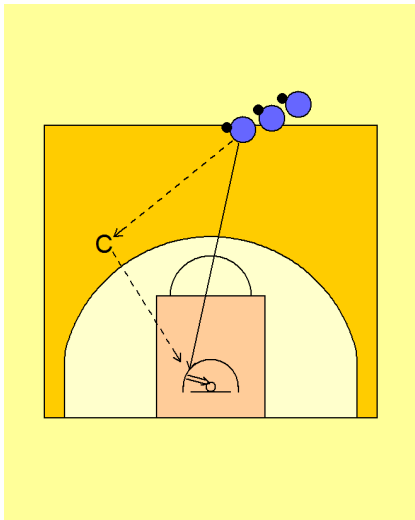
Breakdown n - Bigs



Lineup at mid court pass to the coach run and receive the ball in the key and finish with a layup.

Complete layup off two steps, no dribble

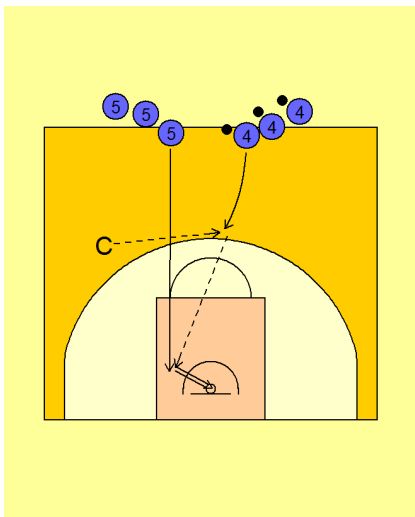
Progression: Change side of the court



Post player runs to the Post looks for the nearest defender in the Post and executes a reverse Pivot sealing their opponent, holding them for the pass.

Post player holds out a hand indicating where they want the ball (away from the defensive side).

Once the pass is made the Post player drop steps to the rim to complete the layup.



The 5 man heads to the low post and reverse pivots toward the block sealing their defender for the pass.

The 4 player trails to the top of the 3 point arc (the same as the secondary transition).

The pass is not on to the 5 so the coach passes the ball to the 4 player.

The 5 again reverse pivots and seals their defender for the high low pass and drops steps to the rim to score.